

Dr. Jennifer Cowing Kralowetz, Doctor of Acupuncture and Chinese Medicine DACM, Dipl.OM, L.Ac.

Jenny is a licensed acupuncturist, herbalist, and Tui Na practitioner with more than a decade of training and experience in Traditional Chinese Medicine. She specializes in treating chronic pain, women's health issues, perinatal care, physical injuries, emotional disorders, and internal medicine. She is a nationally board-certified Diplomate of Acupuncture and Chinese Herbology and is licensed in Colorado and California.

Raised in Massachusetts with deep roots in the San Francisco Bay Area, Jenny says that she's always appreciated dualities in life: East and West, tradition and innovation, and—later, studying Daoism and Anthropology at Boston University—yin and yang. There, she was struck by the notion that the laws of nature govern our bodies as well as the world, and moved by the simplicity with which this idea could assist such profound healing. Growing up with chronic pain and other health issues that were dismissed by doctors with no real answers, it was a revelation to find a modality that treated the body as a garden to nurture rather than a machine to tweak only when it breaks down. As a journalist, so many people shared similar stories that she felt compelled to study a hands-on style of health care that could offer positive change for those who are suffering without real solutions.

At American College of Traditional Chinese Medicine in San Francisco, Jenny learned to seek inner balance through natural medicine, and aspires to use these tools as a conduit for others in their own healing journeys. After graduating in 2013, she practiced community medicine at Sarana Community Acupuncture and Oakland Acupuncture Project, and ran a private practice in San Francisco's Mission District. 2020 has been a year of great changes: her beautiful son, Emerson, was born on New Year's Day; she earned her Doctorate of Acupuncture and Chinese Medicine from Pacific College of Health Sciences just a few months later; then she left California with her husband, Kyle, to be close to family and closer to nature in Colorado. They live in Golden and are falling in love with the mountains and the wonderful people here. She loves cooking, running, hiking, music, and gardening. She looks forward to developing healing relationships at Boulder Community Acupuncture and in this beautiful state.